

European Association for Neuro-Linguistic Psychotherapy · **EANLPT**
Annual European Conference of Neuro-Linguistic Psychotherapy
Alexandroupolis, Greece · 9–10 October 2026 · Hybrid (In Person & Online)

CONFERENCE THEME

The Family and Society in Therapeutic Approaches and the Perspective of
Neuro-Linguistic Psychotherapy

DAY 1 Friday, 9 October 2026 16:30 – 20:00

OPENING CEREMONY

16:30 – 18:00 Opening Addresses

Antimos · Invited Metropolitan Bishop of Alexandroupolis	Adonis Georgiadis · Invited Minister of Health
Sofia Zacharaki · Invited Minister of Education, Religious Affairs & Sports	Christos Dermentzopoulou · Invited Deputy Minister of Digital Governance
Christodoulos Topsidis Regional Governor of Eastern Macedonia & Thrace	Ioannis Zaboukis Mayor of Alexandroupolis
Nikolaos Makris Head of Department of Psychology, Didymoteicho	Roufos Evangelos Director, General Hospital of Alexandroupolis
Sevasti Chatzifotiou Professor, Democritus University of Thrace – Dept. of Social Work	Dean (TBC) · Invited Medical School, Democritus University of Thrace
Spyros Michalopoulos President, DEEP Evros	Stavros Keletsis · Invited Member of Parliament, Evros
Tasos Dimoschakis · Invited Member of Parliament, Evros	President ACHEPA · Invited Alexandroupolis Region

PRESENTATIONS

18:00 – 18:45	Wassili Zafiris Neurophysiologist · Developer of RETaC (Relation Emotion Therapy & Coaching) · NLP Master Trainer « <i>The Missing Family: Why Emotional Change Cannot Happen in Isolation</i> »
18:45 – 19:30	Maria Kanderaki Certified Family Therapist · Master NLP Trainer « <i>Integrating NLP into Psychotherapeutic Practice: The Case of Maria</i> »

DAY 2 Saturday, 10 October 2026 10:00 – 18:00

PRESENTATIONS — MORNING SESSION

10:00 – 10:45	Riita Malkamaki President, EANLPT · International Senior Training Psychotherapist · Supervisor « <i>Family, Society and the Human Ecology of Change</i> »
10:45 – 11:30	Tsambika Mpafiti

	MSc, PhD · EuroPsy · ECP · Clinical-Educational Psychologist · Systemic Psychotherapist « <i>Beyond Techniques: Therapeutic Presence as a Common Ground Across Psychotherapeutic Approaches. A Clinical Case Study through the SANE Approach – System Attachment Narrative Encephalon®</i> »
11:30 – 11:45	<i>Coffee Break</i>
11:45 – 12:30	Dr. Catalin Zaharia PhD · President, European Association for Psychotherapy (EAP) · Psychiatrist, European Certified Psychotherapist · General Secretary, EANLPt « <i>Design of the Future and Working with Parts in NLPt Methodology and Relational Modeling with Category Theory</i> »
12:30 – 13:15	Dimitrios Asimakis MSc, BSc · PhD Student · Psychologist · Integrative Psychotherapist ECP (EAP) · Integrative Supervisor (COSCA) · NLP Trainer « <i>Whose Dream Am I Dreaming? An Experiential NLPt Dreamwork Workshop</i> »
13:15 – 14:45	<i>Lunch Break</i>

PRESENTATIONS — AFTERNOON SESSION

14:45 – 15:30	Stamatina Alamoudi Professor of Physical Education & Sport · Specialisation in Rehabilitation & Musculoskeletal Health · Student of Neuro-Linguistic Psychotherapy & Counseling « <i>Exercise, Psychosomatic Health and Social Support: The Role of the Exercise Professional in an Interdisciplinary Care Framework</i> »
15:30 – 16:15	Charalampos Michailidis Public Health Professional · Object-Oriented Relationship Psychotherapist · Family Therapy · Play Therapy « <i>Psychosis, the Patient, his Bicycle and his Family</i> »
16:15 – 16:30	<i>Coffee Break</i>
16:30 – 17:15	Dimitri Kalaitzidis Psychotherapist, · Founding Member NlThGreece · Founding member of the German Spoken Language for the Treatment of Psychosis & Alexandra Efthimiadou PhD · Psychologist · Board Member EANLPt · Member SOMSP · Founding Member NlThGreece · NLP Master Trainer & Supervisor « <i>Narcissistic Depression: A Social Trend or a Question of Family Psychosomatics? The Psychotherapeutic and Neuro-Linguistic Approach</i> »
17:15 – 18:00	Andreas Michailidis Student of Social Work in Public Administration and of Neuro-Linguistic Psychotherapy & Counseling « <i>Crisis Management: The Power of NLP in Contemporary Social Work</i> »

CONFERENCE CLOSING CEREMONY